Beechoak Farm Montessori Pre-school

Promoting health and hygiene

3.12 Managing children with allergies or food intolerances

Policy statement

We promote a child's individual health through identifying and preventing contact with any substance that may cause an allergic or adverse reaction.

Procedures for children with allergies/ intolerances

- Any allergies/ intolerances should be written on the child's initial registration form. This information will be confirmed and discussed further when a place becomes available for that child to start at Beechoak Farm.
- If the child has an allergy it will be recorded on the medication risk assessment form. The form will detail the nature of the allergy and any possible reactions, the allergen, control measures and what to do if a reaction occurs.
- The medication risk assessment is made available to all staff.
- The child's name is added to the Dietary Requirements list.
- For children with allergies a Health care plan form will be completed in partnership with parents and circulated to all staff. It will detail:
  - the nature of the reaction e.g. anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc.
  - managing allergic reactions, medication used and method (e.g. Epipen)
- No nuts or nut products are used within the setting.
- **We request that parents do not bring any food into the nursery, including cakes or sweets for special occasions.**
- Any foods containing food allergens are identified.

Oral Medication

- Oral medication must be prescribed or have manufacturer's instructions written on them.
- Staff must be provided with clear written instructions for administering such medication.
- All risk assessment procedures are adhered to for the correct storage and administration of the medication.
- The setting must have the parents' prior written consent. Consent is kept on file.

- For children suffering with life threatening conditions or requiring invasive treatments, confirmation will be sought from our insurance provider that the child is covered.

Life-saving medication and invasive treatments:

These include adrenaline injections (Epipens) for anaphylactic shock reactions or invasive treatments such as rectal administration of Diazepam.

- We must have:

• written consent from the parent or guardian allowing our staff to administer medication; and

• proof of training in the administration of such medication by the child's GP, a district nurse, children's nurse specialist or a community paediatric nurse for any medication other than Epi-pens. Epi-pen training is received via the 12 hour paediatric training and is repeated in-house annually.

This policy was adopted by staff at Beechoak Farm Montessori preschool.

Held on 2nd December 2025

Date to be reviewed December 2026

Signed on behalf of Beechoak Farm Montessori by

Charlotte Muggleton & Hayley Majeika

Proprietor Manager